



CITY OF ALEXANDRIA

FALL



AT A  
GLANCE



YOUR GUIDE  
TO FALL  
2021





# RPCA SAFETY GUIDELINES

• All Recreation, Parks and Cultural Activities’ programs and facilities will operate according to federal, state and local health guidelines, which include significant adjustments to capacity and format.



### HAND WASHING AND SANITIZING

- All patrons and staff are encouraged to sanitize and wash their hands frequently.
- Hand sanitizer stations are available at most indoor and outdoor facilities.



### FACILITY CLEANING AND DISINFECTING

- Activity rooms and equipment are disinfected after and between each class.
- When using the fitness room, participants and patrons are required to disinfect their workout station after each use.
- Staff regularly disinfect commonly used areas and surfaces.



### FACE MASKS AND PHYSICAL DISTANCING

- Staff are required to wear a mask at all times.
- All participants and patrons who are five years or older must wear a face mask inside City facilities.
- Participants and patrons are encouraged to limit physical contact with other individuals.



### ILLNESS OR SIGNS OF COVID

- Participants, patrons, and staff are to remain at home when feeling ill.
- Individuals who become ill while in attendance should immediately self-isolate and make arrangements to leave the facility safely.

FOR UP-TO-DATE SAFETY GUIDELINES, VISIT

# DIRECTOR



## WELCOME,

We encourage everyone to live a recreational lifestyle. The definition for recreation is “a pastime, diversion, exercise, or other resource affording relaxation and enjoyment.” Participation in a class, program, or using your local park can provide all elements. In our current times we see high levels of work and family stress. We are all still coping with extraordinary changes to health, employment, and learning. Temporary changes may now be permanent. However, one constant through all of this, is the record use of our parks. Many activities that used to be indoors are now done outdoors. Cell phone data shows that park use has doubled over the past year. People literally voted with their feet to demonstrate the need for recreation. Previous survey work, in our community, underscores that almost 90% of you use our parks. Recreation participation is a key to health. We welcome your participation in any of our highly rated programs.

JAMES B. SPENGLER, DIRECTOR

CONNECT WITH US  
VISIT PAGE 17





# LEGEND

AGES	DAY	CLASS TIME	START & END DATE	FEE	LOCATION
6-12	W	4:30-5 p.m.	7/12-8/23	\$95	CQRC

**M = Monday**  
**Tu = Tuesday**  
**W = Wednesday**  
**Th = Thursday**  
**F = Friday**  
**Sa = Saturday**  
**Su = Sunday**

**ABPK**  
**BBPK**  
**BFNC**  
**CHRC**  
**CKRC**  
**CQRC/CQPK**  
**GWMS**  
**JHES**  
**LEEC/LCCM**  
**MVRC**  
**NLRC**  
**ODRC**  
**PHES**  
**PHRC**  
**PYPK**  
**SJSP**  
**TCMH**

Armistead L. Boothe Park 520 Cameron Station Blvd  
Ben Brenman Park 4800 Brenman Park Dr.  
Jerome “Buddie” Ford Nature Center 5750 Sanger Ave.  
Charles Houston Recreation Center 901 Wythe St.  
Leonard “Chick” Armstrong Recreation Center 25 W. Reed Ave.  
Chinquapin Park Recreation Center & Aquatics Facility 3210 King St.  
George Washington School 1005 Mt. Vernon Ave  
Jefferson Houston School 1501 Cameron St.  
Lee Center & Lee Center Complex 1108 Jefferson St.  
Mount Vernon Recreation Center 2701 Commonwealth Ave.  
Nannie J. Lee Recreation Center 1108 Jefferson St.  
Oswald Durant Center 1605 Cameron St.  
Patrick Henry Elementary School 4643 Taney Ave.  
Patrick Henry Recreation Center 4653 Taney Ave.  
Potomac Yard Park 2051 Potomac Ave.  
Schuyler Hamilton Jones Skateboard Park 3540 Wheeler Ave.  
T.C. Williams High School Minnie Howard Campus 3701 W. Braddock Rd.

# CLASSES

## EXERCISE & FITNESS

MiKiDo Ruff & Tumble	3-5	Sa	9:50 - 10:50 a.m.	9/18/21	10/23/21	\$95	CQRC
MiKiDo Ruff & Tumble	3-5	Sa	9:50 - 10:50 a.m.	11/13/21	12/18/21	\$95	CQRC
Zumba for Kids Jr.	3-5	W	10:00 - 10:30 a.m.	9/22/21	10/27/21	\$119	CQRC
Yoga 4 Kids	3-5	Tu	11:00 - 11:30 a.m.	9/21/21	10/26/21	\$115	CQRC
Yoga 4 Kids	3-5	Tu	11:00 - 11:45 a.m.	11/9/21	12/14/21	\$115	CQRC
Fitness with Coach Jason	5-7	M	6:15 - 7:15 p.m.	9/13/21	10/25/21	\$89	MVRC
Fitness with Coach Jason	5-7	M	6:15 - 7:15 p.m.	11/1/21	12/6/21	\$89	MVRC
Yoga 4 Kids	5-8	Th	5:00 - 5:40 p.m.	9/23/21	10/28/21	\$115	CQRC
Yoga 4 Kids	5-8	Th	5:00 - 5:40 p.m.	11/4/21	12/16/21	\$115	CQRC
Baton Twirling	6-12	M	6:00 - 7:00 p.m.	9/13/21	11/29/21	\$99	MVRC
Roller Skating I	6 & up	Tu	6:00 - 6:50 p.m.	9/14/21	10/19/21	\$145	PHES
Roller Skating I	6 & up	Sa	10:00 - 10:50 a.m.	9/18/21	10/23/21	\$145	NLRC
Roller Skating I	6 & up	Sa	10:00 - 10:50 a.m.	11/6/21	12/11/21	\$145	NLRC
Roller Skating II	6 & up	Tu	6:00 - 6:50 p.m.	11/9/21	12/14/21	\$145	PHES
Fitness with Coach Jason	8-12	W	6:15 - 7:15 p.m.	9/15/21	10/20/21	\$89	MVRC
Fitness with Coach Jason	8-12	W	6:15 - 7:15 p.m.	11/3/21	12/8/21	\$99	MVRC
Youth Pickleball	8 & up	Su	2:00 - 3:00 p.m.	9/26/21	10/24/21	\$69	CHRC
The Beast Workout	10-16	Th	6:00 - 7:00 p.m.	10/7/21	11/18/21	\$39	CHRC
The Beast Workout	10-16	Th	6:00 - 7:00 p.m.	6/3/21	7/8/21	\$39	CHRC
HITT Training for Teens	12-17	Tu	6:30 - 7:30 p.m.	9/21/21	10/26/21	\$29	PHRC
HITT Training for Teens	12-17	Tu	6:30 - 7:30 p.m.	11/9/21	12/14/21	\$29	PHRC
Weight Training for Teens	12-17	M	6:30 - 7:30 p.m.	9/20/21	11/1/21	\$29	PHRC
Weight Training for Teens	12-17	M	6:30 - 7:30 p.m.	11/8/21	12/13/21	\$29	PHRC
Parking Lot Fitness	16 & up	Tu	6:30 - 7:30 p.m.	9/14/21	9/14/21	FREE	CHRC
Parking Lot Fitness	16 & up	Tu	6:30 - 7:30 p.m.	10/5/21	10/5/21	FREE	CHRC
Jazzercise	16 & up	M,Tu,W,Th	5:15 - 6:15 p.m.	9/13/21	12/16/21	Varies	ODRC
Jazzercise	16 & up	M,Tu,W,Th	6:30 - 7:30 p.m.	9/13/21	12/16/21	Varies	ODRC
Jazzercise	16 & up	Sa	8:30 - 9:30 a.m.	9/18/21	12/18/21	Varies	NLRC
Stroller Strides	18 & up	Tu,Th	9:30 - 10:30 a.m.	9/14/21	11/11/21	Varies	BBPK
Stroller Strides	18 & up	Sa	9:00 - 10:00 a.m.	9/11/21	12/11/21	Varies	PHRC
Stroller Strides	18 & up	M,W,F	9:30 - 10:30 a.m.	11/1/21	12/17/21	Varies	ODRC
Fit4Baby	18 & up	W	7:00 - 8:00 p.m.	9/15/21	12/15/21	Varies	PHRC
FIT4MOM	18 & up	Tu	9:15 - 10:15 a.m.	9/14/21	12/14/21	Varies	PHRC
LaBlast Dance and Tone	18 & up	Th	5:00 - 6:00 p.m.	9/16/21	11/4/21	\$95	LEEC
Essentrics- Classical Stretch	18 & up	Tu	12:00 - 1:00 p.m.	9/14/21	12/14/21	\$169	CHRC
Essentrics- Classical Stretch	18 & up	Th	6:00 - 7:00 p.m.	9/16/21	12/16/21	\$129	CQRC
Essentrics- Classical Stretch	18 & up	W	10:00 - 11:00 a.m.	9/15/21	12/15/21	\$169	PHRC
Essentrics- Classical Stretch	18 & up	W	11:30 - 12:30 p.m.	9/15/21	12/15/21	\$169	PHRC
Hip Hop Fitness & Circuit Training	18 & up	Tu	7:00 - 8:00 p.m.	9/28/21	11/2/21	\$55	PHRC
Hip Hop Fitness & Circuit Training	18 & up	Tu	7:00 - 8:00 p.m.	11/9/21	12/14/21	\$55	PHRC
Hula Hoop Fusion	18 & up	Tu	5:00 - 6:00 p.m.	9/14/21	11/2/21	\$95	JHES
Gentle Yoga	18 & up	M	10:00 - 11:00 a.m.	9/20/21	12/13/21	\$119	LEEC
Therapeutic Yoga for Stress	18 & up	Tu	6:30 - 8:00 p.m.	9/21/21	10/19/21	\$125	CHRC
Revitalizing and Calming Body & Mind	18 & up	Tu	6:30 - 7:45 p.m.	11/16/21	12/14/21	\$95	CHRC
Boxercise	18 & up	M,W	6:30 - 7:30 p.m.	9/27/21	11/3/21	\$85	CHRC
Boxercise	18 & up	M,W	6:30 - 7:30 p.m.	11/15/21	12/27/21	\$85	CHRC
Intermediate Pickleball	18 & up	F	10:45 a.m. - 12:15 p.m.	9/24/21	10/29/21	\$79	CHRC
Intermediate Pickleball	18 & up	F	10:45 a.m. - 12:15 p.m.	11/5/21	12/17/21	\$79	CHRC
Intro to Pickleball	18 & up	F	9:15 - 10:15 a.m.	9/24/21	10/29/21	\$69	CHRC
Intro to Pickleball	18 & up	F	9:15 - 10:15 a.m.	11/5/21	12/17/21	\$69	CHRC
Boxercise Level 1	18 & up	Tu, F	6:30 - 7:30 p.m.	9/7/21	10/22/21	\$69	CKRC
Dance Aerobics & Stretch	18 & up	Tu	6:30 - 7:30 p.m.	9/14/21	11/16/21	\$90	CKRC
Adult Weight Training	18 & up	Th	7:00 - 8:00 p.m.	9/30/21	11/4/21	\$55	PHRC
Adult Weight Training	18 & up	Th	7:00 - 8:00 p.m.	11/11/21	12/16/21	\$55	PHRC
FIT Bootcamp ( Drop In )	18 & up	W	6:30 - 7:30 p.m.	9/15/21	12/29/21	\$135	CQRC
ChinquaCircuit ( Drop In )	18 & up	Th	7:15 - 8:00 p.m.	9/16/21	12/16/21	\$79	CQRC
ChinquaCircuit ( Drop In )	18 & up	Sa	9:00 - 9:45 a.m.	9/18/21	12/18/21	\$135	CQRC
Hatha Yoga ( Drop In )	18 & up	Tu	6:45 - 7:45 p.m.	9/14/21	12/28/21	\$135	CQRC
Flow Yoga 1	18 & up	Tu	9:00 - 10:00 a.m.	9/14/21	12/14/21	\$169	CQRC
Flow Yoga 1	18 & up	M	7:00 - 8:00 p.m.	9/20/21	12/20/21	\$155	CQRC
BodyBlast Bootcamp (Drop In)	18 & up	F	10:00 - 10:45 a.m.	9/17/21	12/17/21	\$135	CQRC
BodyBlast Cardio/ Core (Drop In )	18 & up	F	11:00 - 11:30 a.m.	9/17/21	12/17/21	\$135	CQRC
Chair Yoga	50 & up	Tu	10:00 - 11:00 a.m.	9/14/21	10/19/21	\$55	MVRC
Chair Yoga	50 & up	Tu	10:00 - 11:00 a.m.	11/9/21	12/14/21	\$55	MVRC
Senior Body Part Aerobics	55 & up	M	10:00 - 11:00 a.m.	9/20/21	11/1/21	\$55	PHRC
Senior Body Part Aerobics	55 & up	M	10:00 - 11:00 a.m.	11/8/21	12/13/21	\$55	PHRC



EXERCISE & FITNESS CONTINUED...

Walk & Fit Training	55 & up	W	10:00 - 11:00 a.m.	9/29/21	11/3/21	\$55	PHRC
Walk & Fit Training	55 & up	W	10:00 - 11:00 a.m.	11/10/21	12/15/21	\$55	PHRC
Senior Cardio & Weight Training	55 & up	W	12:00 - 1:00 p.m.	9/29/21	11/3/21	\$55	PHRC
Senior Cardio & Weight Training	55 & up	W	12:00 - 1:00 p.m.	11/10/21	12/15/21	\$55	PHRC
Senior Stretching	55 & up	M	11:30 a.m. - 12:15 p.m.	9/27/21	11/12/21	\$35	PHRC
SilverSneaker BOOM	55 & up	F	10:00 - 11:00 a.m.	10/1/21	11/5/21	\$29	PHES
Senior Fitness ( Drop In )	55 & up	Tu	5:30 - 6:30 p.m.	9/14/21	12/28/21	\$135	CQRC

Baby Tumbling	18mo-2yrs	W	11:00 - 11:30 a.m.	9/15/21	10/27/21	\$169	PHRC
Baby Tumbling	18mo-2yrs	W	11:00 - 11:30 a.m.	11/3/21	12/15/21	\$169	PHRC
Little Kicks and Me	2-3	Sa	9:15 - 10:00 a.m.	10/2/21	10/23/21	\$69	PHES
Little Kicks and Me	2-3	Sa	9:15 - 10:00 a.m.	10/30/21	11/20/21	\$69	PHES
Little Kicks and Me	2-3	W	10:00 - 10:45 a.m.	9/8/21	11/10/21	\$175	CQPK
Little Kicks and Me	2-3	W	3:00 - 3:45 p.m.	9/8/21	11/10/21	\$175	CQPK
Little Kicks and Me	2-3	Th	10:00 - 10:45 a.m.	9/9/21	11/11/21	\$175	CQPK
Little Kicks and Me	2-3	Th	4:00 - 4:45 p.m.	9/9/21	11/11/21	\$175	CQPK
Little Kicks and Me	2-3	Sa	1:45 - 2:30 p.m.	9/11/21	11/13/21	\$175	CQPK
Soccer Tots	2-3.5	M	11:30 - 12:10 p.m.	9/13/21	10/25/21	\$149	JHES
Soccer Tots	2-3.5	M	11:30 a.m. - 12:10 p.m.	11/1/21	12/13/21	\$175	JHES
Mom/Dad Me Tumbling	2.5-4	Sa	9:30 - 10:15 a.m.	9/18/21	10/30/21	\$139	PHRC
Mom/Dad Me Tumbling	2.5-4	Sa	9:30 - 10:15 a.m.	11/6/21	12/18/21	\$139	PHRC
Tennis 4 Kids	3	M	10:00 - 10:30 a.m.	9/13/21	11/8/21	\$175	CQPK
Tennis 4 Kids	3	Su	9:30 - 10:00 a.m.	9/12/21	11/7/21	\$155	CQPK
Lil Lacrosse	3-5	Sa	11:00 - 11:45 a.m.	9/18/21	10/30/21	\$149	CQPK
Lil' Pro Sports	3-5	Sa	10:15 - 11:00 a.m.	10/2/21	11/6/21	\$95	LCCM
Lil' Pro Sports	3-5	Sa	11:15 a.m. - 12:00 p.m.	10/2/21	11/6/21	\$95	LCCM
Pee Wee Lacrosse	3-5	Sa	11:15 a.m. - 12:00 p.m.	10/2/21	10/23/21	\$69	PHRC
Pee Wee Lacrosse	3-5	Sa	11:15 a.m. - 12:00 p.m.	11/6/21	11/27/21	\$69	PHRC
Movement & Gymnastics	3-5	M	3:45 - 4:15 p.m.	9/13/21	10/25/21	\$149	CQRC
Movement & Gymnastics	3-5	Su	9:15 - 9:45 a.m.	9/19/21	10/17/21	\$125	CQRC
Movement & Gymnastics	3-5	Su	11:00 - 11:45 a.m.	9/19/21	10/24/21	\$149	CQRC
Movement & Gymnastics	3-5	Su	9:15 - 9:45 a.m.	10/24/21	12/5/21	\$149	CQRC
Movement & Gymnastics	3-5	Su	11:15 - 11:45 a.m.	10/31/21	12/12/21	\$125	CQRC
Movement & Gymnastics	3-5	M	3:45 - 4:15 p.m.	11/1/21	12/13/21	\$149	CQRC
Movement & Gymnastics	3-5	W	10:45 - 11:15 a.m.	9/15/21	10/20/21	\$125	CQRC
Excite Soccer	3-6	Sa	4:15 - 5:00 p.m.	9/18/21	10/30/21	\$135	JHES
Soccer Tots	3-6	W	4:00 - 4:45 p.m.	9/15/21	10/27/21	\$175	JHES
Soccer Tots	3-6	W	4:00 - 4:45 p.m.	11/3/21	12/15/21	\$175	JHES
Soccer Tots	3-6	F	11:00 - 11:45 a.m.	9/17/21	10/29/21	\$149	NLRC
Soccer Tots	3-6	F	11:00 - 11:45 a.m.	11/5/21	12/17/21	\$149	NLRC
Jump Shots for Tots	3-6	Sa	11:00 - 11:45 a.m.	9/25/21	12/4/21	\$179	NLRC
Rookie Baseball Clinic	4-5	Tu	5:00 - 6:00 p.m.	9/14/21	9/21/21	\$45	LCCM
Tennis 4 Kids	4-5	Su	10:10 - 10:40 a.m.	9/12/21	11/7/21	\$155	CQPK
Little Kicks	4-5	Sa	10:15 - 11:00 a.m.	10/2/21	10/23/21	\$69	PHES
Little Kicks	4-5	Sa	10:15 - 11:00 a.m.	10/30/21	11/20/21	\$69	PHES
Little Kicks	4-6	W	11:00 - 11:45 a.m.	9/8/21	11/10/21	\$175	CQPK
Little Kicks	4-6	W	4:00 - 4:45 p.m.	9/8/21	11/10/21	\$175	CQPK
Little Kicks	4-6	Th	11:00 - 11:45 a.m.	9/9/21	11/11/21	\$175	CQPK
Little Kicks	4-6	Th	5:00 - 5:45 p.m.	9/9/21	11/11/21	\$175	CQPK
Little Kicks	4-6	Sa	2:45 - 3:30 p.m.	9/11/21	11/13/21	\$175	CQPK
Tennis 4 Kids	4-6	M	10:45 - 11:15 a.m.	9/13/21	11/8/21	\$155	CQPK
Tennis 4 Kids	4-6	Su	11:30 a.m. - 12:00 p.m.	9/12/21	11/7/21	\$155	CQPK
T-Ball Division League	4-6	M,Tu,W,Th,F,Sa	Varied	9/13/21	11/6/21	\$95	LCCM
Tennis 4 Kids	5-6	Su	10:50 - 11:20 a.m.	9/12/21	11/7/21	\$155	CQPK
Basic Tumbling	5-8	Sa	10:30 - 11:15 a.m.	9/18/21	10/30/21	\$139	PHRC
Basic Tumbling II	5-8	Sa	11:30 a.m. - 12:15 p.m.	9/18/21	10/30/21	\$139	PHRC
Basic Tumbling	5-8	Sa	10:30 - 11:15 a.m.	11/6/21	12/18/21	\$139	PHRC
Basic Tumbling II	5-8	Sa	11:30 a.m. - 12:15 p.m.	11/6/21	12/18/21	\$139	PHRC
Gymnastics I	5-8	Su	10:00 - 11:00 a.m.	9/19/21	11/7/21	\$165	CQRC
Gymnastics I	5-8	M	4:30 - 5:30 p.m.	9/13/21	11/8/21	\$165	CQRC
Rookie Baseball Clinic	6-8	Tu	6:15 - 7:15 p.m.	9/14/21	9/21/21	\$45	LCCM
Lil' Sticks Field Hockey	6-8	Su	12:00 - 1:00 p.m.	10/3/21	10/24/21	\$95	NLRC
Coach Pitch Division League	6-8	M,Tu,W,Th,F,Sa	Varied	9/13/21	11/6/21	\$95	LCCM
Nerf Fencing	6-10	Tu	4:00 - 5:00 p.m.	9/14/21	10/26/21	\$159	CQRC
Nerf Fencing	6-10	Tu	4:00 - 5:00 p.m.	11/2/21	12/14/21	\$159	CQRC
Acrobatics I	6-12	Sa	1:40 - 2:30 p.m.	9/18/21	11/20/21	\$135	CHRC
Kids Floor Hockey	6-12	Sa	12:15 - 1:00 p.m.	10/2/21	10/23/21	\$69	PHRC
Kids Floor Hockey	6-12	Sa	12:15 - 1:00 p.m.	10/30/21	11/20/21	\$69	PHRC
Girls Fastpitch Softball League	6-16	M,Tu,W,Th,F,Sa	Varied	9/13/21	11/6/21	\$95	ABPK
Preseason Basketball Fundamentals	7-9	Sa	9:00 - 10:00 a.m.	10/9/21	11/13/21	\$95	GWMS
Little Champions Soccer	7-9	Sa	3:45 - 4:45 p.m.	9/11/21	11/13/21	\$155	CQPK

SPORTS CLASSES & LEAGUES CONTINUED...

Track & Field Conditioning	7-9	Su	12:00 - 1:00 p.m.	9/26/21	10/31/21	\$95	PHRC
Fun & Fundamentals Tennis	7-10	M	4:30 - 5:20 p.m.	9/13/21	11/15/21	\$249	PYPK
Fun & Fundamentals Tennis	7-10	Tu	4:30 - 5:20 p.m.	9/14/21	11/23/21	\$249	CQPK
Fun & Fundamentals Tennis	7-10	Sa	9:00 - 9:50 a.m.	9/18/21	11/20/21	\$249	PHRC
Fun & Fundamentals Tennis	7-10	Su	11:25 a.m. - 12:15 p.m.	9/19/21	11/21/21	\$249	PYPK
Intro to Skateboarding	7-14	W	5:15 - 6:15 p.m.	9/15/21	10/27/21	\$139	SJSP
Intro to Skateboarding	7-14	W	5:15 - 6:15 p.m.	11/3/21	12/15/21	\$139	SJSP
Hoop Life Basketball Skills	7-14	Sa	12:00 - 1:00 p.m.	9/25/21	12/4/21	\$179	NLRC
Girls Softball Clinic	8-9	W	5:00 - 6:00 p.m.	9/15/21	9/22/21	\$95	ABPK
Gymnastics I	8-11	M	5:45 - 6:45 p.m.	9/13/21	11/8/21	\$165	CQRC
Girls Volleyball League	9-14	Su,M,Th,F	6:00 - 9:00 p.m.	9/19/21	12/13/21	\$95	TCMH
Preseason Basketball Fundamentals	10-12	Sa	10:30 - 11:30 a.m.	10/9/21	11/13/21	\$95	GWMS
Track & Field Conditioning	10-14	Su	1:15 - 2:15 p.m.	9/26/21	10/31/21	\$95	PHRC
Fun & Fundamentals Tennis	10-14	M	5:35 - 6:25 p.m.	9/13/21	11/15/21	\$249	PYPK
Fun & Fundamentals Tennis	10-14	Tu	5:35 - 6:25 p.m.	9/14/21	11/23/21	\$249	CQPK
Fun & Fundamentals Tennis	10-14	Sa	10:00 - 10:50 a.m.	9/18/21	11/20/21	\$249	PHRC
Fun & Fundamentals Tennis	10-14	Su	12:20 - 1:20 p.m.	9/19/21	11/21/21	\$249	PYPK
Youth Outdoor Pickleball	10-14	W	5:30 - 6:20 p.m.	9/15/21	11/3/21	\$199	LCCM
Girls Softball Clinic	10-16	W	6:15 - 7:15 p.m.	9/15/21	9/22/21	\$95	ABPK
Fencing	10 & up	W	7:00 - 8:00 p.m.	9/15/21	11/3/21	\$89	PHES
Games & Sports Clinic	10 & up	Th	6:30 - 8:00 p.m.	10/7/21	10/7/21	FREE	PHRC
Games & Sports Clinic	10 & up	Th	6:30 - 8:00 p.m.	10/21/21	10/21/21	FREE	PHRC
Games & Sports Clinic	10 & up	Th	6:30 - 8:00 p.m.	11/4/21	11/4/21	FREE	PHRC
Games & Sports Clinic	10 & up	Th	6:30 - 8:00 p.m.	11/18/21	11/18/21	FREE	PHRC
City of Alexandria E-sports Tournament	11-17	F,Sa	Varied	9/24/21	9/25/21	\$25	Virtual
Adult Tennis 1	18 & up	M	9:45 - 10:55 a.m.	9/13/21	11/15/21	\$339	CQPK
Adult Tennis 1	18 & up	M	6:40 - 7:30 p.m.	9/13/21	11/15/21	\$339	PYPK
Adult Tennis 1	18 & up	Tu	6:40 - 7:30 p.m.	9/14/21	11/23/21	\$339	CQPK
Adult Tennis 1	18 & up	Su	8:35 - 9:45 a.m.	9/19/21	11/21/21	\$339	PYPK
Adult Tennis 2	18 & up	M	11:05 a.m. - 12:15 p.m.	9/13/21	11/15/21	\$339	CQPK
Adult Tennis 2	18 & up	M	7:45 - 8:55 p.m.	9/13/21	11/15/21	\$339	PYPK
Adult Tennis 2	18 & up	Tu	7:45 - 8:55 p.m.	9/14/21	11/23/21	\$339	CQPK
Adult Tennis 2	18 & up	Su	10:00 - 11:10 a.m.	9/19/21	11/21/21	\$339	PYPK
Adult Outdoor Pickleball	18 & up	W	6:30 - 7:20 p.m.	9/15/21	11/3/21	\$199	LCCM
Adult Indoor Pickleball	18 & up	Sa	12:30 - 1:20 p.m.	9/18/21	11/20/21	\$199	PHRC
Pickleball Round Robin	18 & Up	Sa	9:00 a.m. - 3:00 p.m.	10/2/21	10/2/21	\$45	CHRC





# NEW FITNESS PROGRAM FOR SENIORS!



## JUMP-START YOUR FITNESS JOURNEY

Now offered at Patrick Henry Recreation Center

### About SilverSneakers

SilverSneakers, Tivity Health's flagship program, is the nation's leading community fitness program for senior Americans. The program helps seniors take greater control of their health through a variety of fitness offerings that engage participants in more frequent strength training, aerobic and flexibility exercise by providing access to locations across the country as well as classes designed specifically for seniors. More than 15 million people are eligible for the SilverSneakers benefit at no additional cost through the nation's leading Medicare Advantage health plans, Medicare Supplement carriers and group retiree plans. To get more information, check eligibility or enroll, go to

[SilverSneakers.com](https://www.SilverSneakers.com)

Patrick Henry Recreation Center is located at 4653 Taney Ave, Alexandria, Virginia 22304. To learn more about its SilverSneakers offerings, call 703-746-5557





Water Explorers Sing-a-long	6mo-23mo	Sa	10:00 - 10:30 a.m.	12/11/21	12/11/21	\$15	CQRC
Water Explorers	6mo-23mo	Sa	9:00 - 9:30 a.m.	9/25/21	11/13/21	\$115	CQRC
Water Explorers	6mo-23mo	Su	9:00 - 9:30 a.m.	9/26/21	11/14/21	\$115	CQRC
Water Explorers	6mo-23mo	Su	10:30 - 11:00 a.m.	9/26/21	11/14/21	\$115	CQRC
Water Explorers	6mo-3yrs	W	3:00 - 3:30 p.m.	9/29/21	11/17/21	\$115	CQRC
Water Explorers Sing-a-long	2-3	Sa	10:45 - 11:15 a.m.	12/11/21	12/11/21	\$15	CQRC
Water Explorers	2-3	Sa	9:45 - 10:15 a.m.	9/25/21	11/13/21	\$115	CQRC
Water Explorers	2-3	Su	9:45 - 10:15 a.m.	9/26/21	11/14/21	\$115	CQRC
Preschool 1	3-5	Sa	9:00 - 9:30 a.m.	9/25/21	11/13/21	\$115	CQRC
Preschool 1	3-5	Sa	10:30 - 11:00 a.m.	9/25/21	11/13/21	\$115	CQRC
Preschool 1	3-5	Su	9:00 - 9:30 a.m.	9/26/21	11/14/21	\$115	CQRC
Preschool 1	3-5	Su	10:30 - 11:00 a.m.	9/26/21	11/14/21	\$115	CQRC
Preschool 1	3-5	M	3:00 - 3:30 p.m.	9/27/21	11/22/21	\$115	CQRC
Preschool 1	3-5	Tu	3:00 - 3:30 p.m.	9/28/21	11/23/21	\$115	CQRC
Preschool 1	3-5	W	5:15 - 5:45 p.m.	9/29/21	11/17/21	\$115	CQRC
Preschool 1	3-5	Th	5:15 - 5:45 p.m.	9/30/21	11/18/21	\$115	CQRC
Preschool 2	3-5	Sa	9:45 - 10:15 a.m.	9/25/21	11/13/21	\$115	CQRC
Preschool 2	3-5	Su	9:45 - 10:15 a.m.	9/26/21	11/14/21	\$115	CQRC
Preschool 2	3-5	M	3:45 - 4:15 p.m.	9/27/21	11/22/21	\$115	CQRC
Preschool 2	3-5	Tu	3:45 - 4:15 p.m.	9/28/21	11/23/21	\$115	CQRC
Preschool 2	3-5	W	6:00 - 6:30 p.m.	9/29/21	11/17/21	\$115	CQRC
Preschool 2	3-5	Th	6:00 - 6:30 p.m.	9/30/21	11/18/21	\$115	CQRC
We Aquatics Private lessons	4 & Up	Every Day	10:00 a.m. - 7:45 p.m.	9/7/21	12/23/21	Varies	CQRC
Level 1	5-7	Th	3:00 - 3:30 p.m.	9/30/21	11/18/21	\$115	CQRC
Level 2	5-7	Th	3:45 - 4:15 p.m.	9/30/21	11/18/21	\$115	CQRC
Level 3	5-7	Th	4:30 - 5:00 p.m.	9/30/21	11/18/21	\$115	CQRC
Youth Swim Clinic	6-12	Sa	2:15 - 2:45 p.m.	9/25/21	9/25/21	\$15	CQRC
Youth Swim Clinic	6-12	Su	2:15 - 2:45 p.m.	9/26/21	9/26/21	\$15	CQRC
Youth Swim Clinic	6-12	Sa	2:15 - 2:45 p.m.	10/2/21	10/2/21	\$15	CQRC
Youth Swim Clinic	6-12	Su	2:15 - 2:45 p.m.	10/3/21	10/3/21	\$15	CQRC
Alex Swim Level 1	6-12	Sa	11:15 - 11:45 a.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 1	6-12	Su	11:15 - 11:45 a.m.	9/26/21	11/14/21	\$115	CQRC
Alex Swim Level 1	6-12	M	4:30 - 5:00 p.m.	9/27/21	11/22/21	\$115	CQRC
Alex Swim Level 1	6-12	W	3:45 - 4:15 p.m.	9/29/21	11/17/21	\$115	CQRC
Alex Swim Level 2	6-12	Sa	11:15 - 11:45 a.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 2	6-12	Su	11:15 - 11:45 a.m.	9/26/21	11/14/21	\$115	CQRC
Alex Swim Level 2	6-12	M	5:15 - 5:45 p.m.	9/27/21	11/22/21	\$115	CQRC
Alex Swim Level 2	6-12	W	4:30 - 5:00 p.m.	9/29/21	11/17/21	\$115	CQRC
Alex Swim Level 3	6-12	Sa	12:00 - 12:30 p.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 3	6-12	Su	12:00 - 12:30 p.m.	9/26/21	11/14/21	\$115	CQRC
Alex Swim Level 3	6-12	M	6:00 - 6:30 p.m.	9/27/21	11/22/21	\$115	CQRC
Alex Swim Level 3	6-12	Tu	4:30 - 5:00 p.m.	9/28/21	11/23/21	\$115	CQRC
Alex Swim Level 4	6-12	Sa	12:00 - 12:30 p.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 4	6-12	Su	12:30 - 1:00 p.m.	9/26/21	11/14/21	\$115	CQRC
Alex Swim Level 4	6-12	Tu	5:15 - 5:45 p.m.	9/28/21	11/23/21	\$115	CQRC
Alex Swim Level 5	6-12	Sa	12:45 - 1:15 p.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 5	6-12	Su	12:45 - 1:15 p.m.	9/26/21	11/14/21	\$115	CQRC
Alex Swim Level 5	6-12	W	12:45 - 1:15 p.m.	9/29/21	11/17/21	\$115	CQRC
Alex Swim Level 6	6-12	Sa	12:45 - 1:15 p.m.	9/25/21	11/13/21	\$115	CQRC
Alex Swim Level 6	6-12	Su	12:45 - 1:15 p.m.	9/26/21	11/14/21	\$115	CQRC
Wahoos Sunday Stroke Clinic	6-18	Su	11:00 a.m. - 12:00 p.m.	9/26/21	5/15/22	\$275	CQRC
Teen Beginner Swim	13-17	Sa	1:30 - 2:00 p.m.	9/25/21	11/13/21	\$115	CQRC
Teen Beginner Swim	13-17	Su	1:30 - 2:00 p.m.	9/26/21	11/14/21	\$115	CQRC
Teen Beginner Swim	13-17	M	6:45 - 7:15 p.m.	9/27/21	11/22/21	\$115	CQRC
Teen Beginner Swim	13-17	W	6:45 - 7:15 p.m.	9/29/21	11/17/21	\$115	CQRC
Water Walking	16 & up	Tu,Th	10:45 - 11:45 a.m.	9/14/21	12/21/21	\$245	CQRC
Get in Deep with Candice	18 & up	M	6:30 - 7:15 p.m.	9/13/21	12/20/21	\$195	CQRC
Aqua Spin	18 & up	W	11:00 - 11:50 a.m.	9/15/21	10/27/21	\$115	CQRC
Aqua Spin	18 & up	Th	8:00 - 8:45 p.m.	9/16/21	11/18/21	\$145	CQRC
Aqua Spin	18 & up	Sa	9:05 - 9:55 a.m.	9/18/21	10/30/21	\$115	CQRC
Aqua Spin	18 & up	W	11:00 - 11:50 a.m.	11/3/21	12/22/21	\$115	CQRC
Aqua Spin	18 & up	Sa	9:05 - 9:55 a.m.	11/6/21	12/18/21	\$99	CQRC
Deep Water Aqua Aerobics	18 & up	W	6:30 - 7:30 p.m.	9/15/21	12/22/21	\$219	CQRC
Deep Water Aqua Aerobics	18 & up	W	7:40 - 8:40 p.m.	9/15/21	12/22/21	\$219	CQRC
Deep Water Aqua Aerobics	18 & up	W	9:45 - 10:45 a.m.	9/15/21	12/22/21	\$219	CQRC
Aqua Zumba	18 & up	M	7:15 - 8:05 p.m.	9/13/21	11/1/21	\$105	CQRC
Aqua Zumba	18 & up	Su	9:00 - 9:50 a.m.	9/19/21	10/31/21	\$105	CQRC
Aqua Zumba	18 & up	M	7:15 - 8:05 p.m.	11/8/21	12/20/21	\$105	CQRC
Aqua Zumba	18 & up	Su	9:00 - 9:50 a.m.	11/7/21	12/19/21	\$105	CQRC
Aqua Bootcamp	18 & up	Tu,Th	6:10 - 7:10 a.m.	9/14/21	10/28/21	\$175	CQRC
Aqua Bootcamp	18 & up	Tu,Th	6:10 - 7:10 a.m.	11/4/21	12/21/21	\$175	CQRC
Aqua Arthritis	18 & up	M,W	8:30 - 9:30 a.m.	9/13/21	10/27/21	\$175	CQRC
Aqua Arthritis	18 & up	M,W	8:30 - 9:30 a.m.	11/1/21	12/20/21	\$175	CQRC
BLT ( Buns, Legs, & Tummy )	18 & up	Tu	7:40 - 8:30 p.m.	9/21/21	12/14/21	\$139	CQRC
Hi/Lo Water Aerobics	18 & up	Tu,Th	6:30 - 7:30 p.m.	9/14/21	10/28/21	\$175	CQRC
Hi/Lo Water Aerobics	18 & up	Tu,Th	6:30 - 7:30 p.m.	11/2/21	12/21/21	\$175	CQRC
Adult Beginner Swim	18 & up	Sa	1:30 - 2:00 p.m.	9/25/21	11/13/21	\$115	CQRC

AQUATICS CONTINUED...

Adult Beginner Swim	18 & up	Su	1:30 - 2:00 p.m.	9/26/21	11/14/21	\$115	CQRC
Adult Beginner Swim	18 & up	M	7:30 - 8:00 p.m.	9/27/21	11/22/21	\$115	CQRC
Adult Beginner Swim	18 & up	W	7:30 - 8:00 p.m.	9/29/21	11/17/21	\$115	CQRC
Adult Advanced Swim	18 & up	Th	7:30 - 8:00 p.m.	9/30/21	11/18/21	\$115	CQRC
Adult Stroke Clinic	18 & up	Sa	2:15 - 2:45 p.m.	9/25/21	9/25/21	\$15	CQRC
Blue Octopus Scuba	18 & up	Sa	10:00 a.m. - 2:30 p.m.	9/19/20	9/19/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Su	9:00 a.m. - 12:00 p.m.	9/20/20	9/20/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Sa	10:00 a.m. - 2:30 p.m.	10/3/20	10/3/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Su	9:00 a.m. - 12:00 p.m.	10/4/20	10/4/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Sa	10:00 a.m. - 2:30 p.m.	10/17/20	10/17/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Su	9:00 a.m. - 12:00 p.m.	10/18/20	10/18/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Sa	10:00 a.m. - 2:30 p.m.	11/7/20	11/7/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Su	9:00 a.m. - 12:00 p.m.	11/8/20	11/8/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Sa	10:00 a.m. - 2:30 p.m.	11/21/20	11/21/20	Varies	CQRC
Blue Octopus Scuba	18 & up	Su	9:00 a.m. - 12:00 p.m.	11/22/20	11/22/20	Varies	CQRC
Aquatic Exercise for Seniors	55 & up	Tu,Th	8:15 - 9:00 a.m.	9/14/21	10/28/21	\$185	CQRC
Aquatic Exercise for Seniors	55 & up	Tu,Th	9:15 - 10:00 a.m.	9/14/21	10/28/21	\$185	CQRC
Aquatic Exercise for Seniors	55 & up	Tu,Th	8:15 - 9:00 a.m.	11/4/21	12/21/21	\$185	CQRC
Aquatic Exercise for Seniors	55 & up	Tu,Th	9:15 - 10:00 a.m.	11/4/21	12/21/21	\$185	CQRC





# WE OFFER FEE ASSISTANCE!



RPCA encourages program participation from all City residents. If you, a member of your family, or a friend would like to participate in classes or camp and need fee assistance in order to participate, please visit [alexandriava.gov/12288](http://alexandriava.gov/12288) or call 703.746.5414 for more information and to apply.

## ENRICHMENT

Kid Rock Social Hour	0-4	M,W	10:00 a.m. - 12:00 p.m.	9/13/21	11/8/21	\$79	MVRC
Kid Rock Social Hour	0-4	M,W,F	10:00 a.m. - 12:00 p.m.	9/13/21	11/5/21	\$99	MVRC
Kid Rock Social Hour	0-4	M,W	10:00 a.m. - 12:00 p.m.	11/8/21	12/22/21	\$79	MVRC
Kid Rock Social Hour	0-4	M,W,F	10:00 a.m. - 12:00 p.m.	11/8/21	12/22/21	\$99	MVRC
Ninja Reading Time	6mo-5	F	5:30 - 6:00 p.m.	10/1/21	10/1/21	\$15	JHES
Ninja Reading Time	6mo-5	F	5:30 - 6:00 p.m.	10/29/21	10/29/21	\$15	JHES
Ninja Reading Time	6mo-5	F	5:30 - 6:00 p.m.	11/12/21	11/12/21	\$15	JHES
ART BOX - Art on Overload	1-4	Sa	10:00 - 11:00 a.m.	9/11/21	10/16/21	\$99	MVRC
ART BOX - Art on Overload	1-4	Sa	10:00 - 11:00 a.m.	10/30/21	12/4/21	\$99	MVRC
Soft Time Players	1-4	M,Tu,W,Th	9:30 a.m. - 1:00 p.m.	9/7/21	11/11/21	\$5	CKRC
B.E.A.R	1-5	Th	10:30 a.m. - 12:00 p.m.	9/9/21	9/30/21	\$55	NLRC
B.E.A.R	1-5	Th	10:30 a.m. - 12:00 p.m.	10/7/21	10/28/21	\$55	NLRC
B.E.A.R	1-5	Th	10:30 a.m. - 12:00 p.m.	11/4/21	11/18/21	\$39	NLRC
B.E.A.R	1-5	Th	10:30 a.m. - 12:00 p.m.	12/2/21	12/16/21	\$39	NLRC
My First Music Class	2-5	Sa	10:00 - 10:30 a.m.	9/18/21	10/23/21	\$119	ODRC
My First Music Class	2-5	Sa	10:00 - 10:30 a.m.	10/30/21	12/11/21	\$119	ODRC
Getting into Shapes	3-5	Tu	9:30 - 10:15 a.m.	10/5/21	11/9/21	\$155	CQRC
The Science Seed	3-6	Th	3:00 - 3:45 p.m.	9/16/21	11/4/21	\$139	CHRC
The Science Seed	3-6	Su	10:00 - 10:45 a.m.	9/19/21	11/14/21	\$139	CHRC
Santa's Rockin' Brunch	4-12	Th	5:00 - 6:30 p.m.	12/16/21	12/16/21	\$9	CKRC
Virtual Private Music Lessons	4 & up	M,Tu,W,Th,F	3:00 - 7:00 p.m.	9/13/21	12/17/21	\$445	Virtual
Science Art Mania	5-7	Tu	6:15 - 7:15 p.m.	9/14/21	10/19/21	\$99	MVRC
Science Art Mania	5-7	Tu	6:15 - 7:15 p.m.	11/9/21	12/14/21	\$99	MVRC
The Science Seed	5-8	Th	4:00 - 4:45 p.m.	9/16/21	11/4/21	\$139	PHRC
Getting into Shapes	5-8	W	5:00 - 5:45 p.m.	10/6/21	11/3/21	\$155	CQRC
Group Guitar	5-12	W	6:00 - 7:00 p.m.	9/15/21	10/20/21	\$125	CHRC
Group Guitar	5-12	Sa	10:30 - 11:30 a.m.	10/30/21	12/11/21	\$125	CHRC
Group Violin	5-12	Sa	11:40 a.m. - 12:40 p.m.	9/18/21	10/23/21	\$125	CHRC
Group Violin	5-12	Sa	11:40 a.m. - 12:40 p.m.	10/30/21	12/11/21	\$125	CHRC
Group Drum	5-12	Sa	11:00 a.m. - 12:00 p.m.	9/18/21	10/23/21	\$125	ODRC
Group Drum	5-12	Sa	11:00 a.m. - 12:00 p.m.	10/30/21	12/11/21	\$125	ODRC
DIY Kids Holiday Workshop	5-12	Sa	12:00 - 1:00 p.m.	11/20/21	11/20/21	\$5	CKRC
DIY Kids Holiday Workshop	5-12	Sa	12:00 - 1:00 p.m.	12/11/21	12/11/21	\$5	CKRC
Introduction to Robotics	7-12	W	6:30 - 8:30 p.m.	10/6/21	11/10/21	\$65	PHRC
Sweet Treats( Cake Decorating )	7-12	Sa	10:00 - 11:00 a.m.	10/9/21	11/13/21	\$215	CQRC
Science Art Mania	8-12	Th	6:15 - 7:15 p.m.	9/16/21	10/21/21	\$99	MVRC
Science Art Mania	8-12	Th	6:15 - 7:15 p.m.	11/11/21	12/16/21	\$99	MVRC
Adult Social Club	18 & up	Sa	11:00 a.m. - 4:00 p.m.	9/11/21	12/18/21	\$75	NLRC

## CREATIVE & PERFORMING ARTS

Little Hands Infant	0-1.5yrs	Th	11:15 - 11:45 a.m.	9/16/21	12/9/21	\$219	ODRC
Twoosy Doodlers	20mo-3yrs	Th	10:00 - 10:45 a.m.	9/16/21	11/18/21	\$195	ODRC
Little Hands Toddlers	1.5-3	Th	9:30 - 10:00 a.m.	9/16/21	9/16/21	\$219	ODRC
Little Hands Toddlers	1.5-3	Th	10:15 - 10:45 a.m.	9/16/21	12/9/21	\$219	ODRC
Dance & Prance	3	F	10:00 - 10:40 a.m.	9/17/21	12/10/21	\$225	CHRC
Little Hands Preschoolers	3-5	Th	12:45 - 1:30 p.m.	9/16/21	12/9/21	\$229	ODRC
Little Adventures	3-5	F	10:30 a.m. - 12:00 p.m.	10/15/21	12/17/21	\$35	BFNC
Pre-Ballet & Movement	3-5	Sa	9:15 - 10:00 a.m.	9/18/21	12/11/21	\$165	CHRC
Pre-Ballet & Movement	3-5	Sa	9:10 - 9:55 a.m.	9/18/21	12/11/21	\$165	PHES
Pre-Ballet with Go Bananas	3.5-5	F	10:55 - 11:40 a.m.	9/17/21	12/10/21	\$225	LEEC
AbraKadoodle Mini Doodlers	3-6	Sa	3:00 - 4:00 p.m.	9/18/21	11/20/21	\$195	ODRC
Tap n' Ballet	4-6	W	4:45 - 5:30 p.m.	9/22/21	12/8/21	\$209	CHRC
AbraKadoodle Card Workshop	4-12	Sa	2:00 - 4:00 p.m.	11/6/21	11/6/21	\$75	CHRC
All that Jazz & Ballet	5-7	W	5:40 - 6:25 p.m.	9/22/21	12/8/21	\$209	CHRC
Ballet I	5-8	Sa	10:15 - 11:05 a.m.	9/18/21	12/11/21	\$165	CHRC
Ballet I	5-8	Sa	10:15 - 11:05 a.m.	9/18/21	12/11/21	\$165	PHES
Ballet II	6-10	Sa	11:20 a.m. - 12:10 p.m.	9/18/21	12/11/21	\$165	LEEC
Ballet II	6-10	Sa	11:35 a.m. - 12:25 p.m.	9/18/21	12/11/21	\$165	PHES
Artistic Drawing with Young Rembrandts	6-10	Sa	10:00 - 11:00 a.m.	9/18/21	10/9/21	\$89	ODRC
Artistic Drawing with Young Rembrandts	6-10	Sa	10:00 - 11:00 a.m.	10/23/21	11/13/21	\$89	ODRC
AbraKadoodle Doodlers	6-12	Th	3:00 - 4:00 p.m.	9/16/21	11/18/21	\$235	ODRC
Ballet III	7-12	Sa	12:30 - 1:20 p.m.	9/18/21	12/11/21	\$165	CHRC
Ballet III	7-12	Sa	12:55 - 1:45 p.m.	9/18/21	12/11/21	\$165	PHES
Artworks	18 & up	M	3:30 - 5:00 p.m.	10/4/21	10/18/21	\$15	NLRC
Artworks	18 & up	M	3:30 - 5:00 p.m.	11/1/21	11/15/21	\$15	NLRC
Artworks	18 & up	M	3:30 - 5:00 p.m.	11/29/21	12/13/21	\$15	NLRC
Senior Paint & Sip	55 & Up	Th	10:00 - 11:00 a.m.	9/16/21	10/21/21	\$35	PHRC

COMMUNITY EVENTS

Breakfast with Santa	2-8	Sa	10:00 a.m. - 12:00 p.m.	12/11/21	12/11/21	\$15	MVRC
Santa's Rockin' Brunch	4-8	Sa	11:00 a.m. - 12:30 p.m.	12/4/21	12/4/21	\$9	CKRC
Family October Fest	5-12	F	4:30 - 8:30 p.m.	10/29/21	10/29/21	FREE	PHRC
Yoga for All	5 & up	Sa	10:00 a.m. - 12:00 p.m.	9/25/21	9/25/21	\$15	MVRC
Family Masquerade Ball	5 & up	F	6:30 - 9:00 p.m.	10/29/21	10/29/21	\$9	MVRC
Lego Lab	6-12yrs	Sa	10:00 a.m. - 12:00 p.m.	10/9/21	10/9/21	\$9	PHRC
Lego Lab	6-12yrs	Sa	10:00 a.m. - 12:00 p.m.	10/23/21	10/23/21	\$9	PHRC
Lego Lab	6-12yrs	Sa	10:00 a.m. - 12:00 p.m.	11/6/21	11/6/21	\$9	PHRC
Lego Lab	6-12yrs	Sa	10:00 a.m. - 12:00 p.m.	11/20/21	11/20/21	\$9	PHRC
Dodgeball Fanatics	7-12yrs	F	6:30 - 8:30 p.m.	10/1/21	10/1/21	\$15	PHES
Dodgeball Fanatics	7-12yrs	F	6:30 - 8:30 p.m.	10/15/21	10/15/21	\$15	PHES
Dodgeball Fanatics	7-12yrs	F	6:30 - 8:30 p.m.	11/5/21	11/5/21	\$15	PHES
Dodgeball Fanatics	7-12yrs	F	6:30 - 8:30 p.m.	11/19/21	11/19/21	\$15	PHES
Nerf the Turf	7-12yrs	F	6:30 - 8:30 p.m.	10/8/21	10/8/21	\$15	PHES
Nerf the Turf	7-12yrs	F	6:30 - 8:30 p.m.	10/22/21	10/22/21	\$15	PHES
Nerf the Turf	7-12yrs	F	6:30 - 8:30 p.m.	11/12/21	11/12/21	\$15	PHES
Nerf the Turf	7-12yrs	F	6:30 - 8:30 p.m.	12/3/21	12/3/21	\$15	PHES
Gobble Wobble Aqua Burn ( Drop In )	18 & up	F	9:00 - 10:00 a.m.	11/26/21	11/26/21	\$12	CQRC
Gobble Wobble Aqua Burn ( Drop In )	18 & up	F	10:15 - 11:15 a.m.	11/26/21	11/26/21	\$12	CQRC
Seniors "It's Line Dance Time" Social	55 & Up	Sa	2:00 - 4:00 p.m.	11/20/21	11/20/21	\$5	CKRC
Senior Harvest Tea Party	55 & Up	W	11:00 a.m. - 1:00 p.m.	11/17/21	11/17/21	\$35	MVRC
Pop Up Rec	All Ages	M	6:00 - 8:00 p.m.	9/13/21	10/18/21	FREE	PHES
Pop Up Rec	All Ages	Sa	11:00 a.m. - 1:00 p.m.	9/25/21	10/30/21	FREE	PHES
Floating Pumpkin Patch	All Ages	F	6:00 - 8:00 p.m.	10/29/21	10/29/21	\$5	CQRC
Fido's Scavenger Hunt	All Ages	Sa	9:00 - 10:40 a.m.	9/11/21	9/11/21	\$10	CHRC
Boo-Fest	All Ages	F	6:00 - 8:00 p.m.	10/29/21	10/29/21	FREE	CHRC
Halloween Bingo & Pumpkin Carving	All Ages	F	6:00 - 7:30 p.m.	10/15/21	10/15/21	\$15	CHRC
Santa Funderland	All Ages	Th	5:00 - 6:30 p.m.	12/16/21	12/16/21	\$15	CHRC
Fall Halloween Fest	All Ages	Sa	12:30 - 3:00 p.m.	10/16/21	10/16/21	FREE	CKRC

ENVIRONMENTAL EDUCATION

Fledglings	2-3	F	10:30 - 11:15 a.m.	10/8/21	12/10/21	\$25	BFNC
Little Adventures	3-5	F	10:30 - 12:00 p.m.	10/15/21	12/17/21	\$35	BFNC
Amazing Newts!	5-9	Sa	10:00 - 11:30 a.m.	11/6/21	11/6/21	\$5	BFNC
Winter Sleepers	6-10	F	7:00 - 8:30 p.m.	10/22/21	10/22/21	\$19	BFNC
Dog-Friendly Nature Hike	All ages	Sa	9:00 - 11:00 a.m.	10/16/21	10/16/21	\$3	BFNC
Dog-Friendly Nature Hike	All ages	Sa	9:00 - 11:00 a.m.	11/13/21	11/13/21	\$3	BFNC

WINTER BREAK CAMPS

Winter Break Basketball Camp	4-14	M,Tu,W,Th	9:00 a.m. - 4:00 p.m.	12/20/21	12/23/21	\$185	JHES
Winter Break Basketball Camp	4-14	M,Tu,W,Th,F	9:00 a.m. - 4:00 p.m.	12/27/21	12/31/21	\$225	JHES
Gymnastics Mini Camp	5-10	M	9:00 a.m. - 3:00 p.m.	10/11/21	10/11/21	\$85	CQRC
Gymnastics Winter Break Camp	5-10	M,Tu,W,Th	9:00 a.m. - 3:00 p.m.	12/20/21	12/23/21	\$225	CQRC
Sweet Treat Cake Decorating Camp	5-10	M	9:00 a.m. - 4:00 p.m.	10/11/21	10/11/21	\$89	CQRC
Pin in 4 Fun ( Winter Break Camp )	6-10	M,Tu,W,Th	9:00 a.m. - 4:00 p.m.	12/27/21	12/30/21	\$285	CQRC
Winter Break Art Camp	6-12	M,Tu,W	9:00 a.m. - 3:00 p.m.	12/20/21	12/22/21	\$185	ODRC
Winter Break Art Camp	6-12	M,Tu,W,Th,F	9:00 a.m. - 3:00 p.m.	12/27/21	12/31/21	\$309	ODRC





# REGISTRATION INFORMATION

Registration & Reservation Office:  
703.746.5414



## Web

- Payment by credit card (Visa/MC) or eCheck
- alexandriava.gov/Recreation
- For login information, call 703.746.5414 or email RegisterARPCA@alexandriava.gov



## Walk-In

- Fall Registration by appointment only. Appointment times are 10am-9pm.
- Registration & Reservation Office  
Lee Center, 1108 Jefferson St.  
Alexandria, VA 22314



## Mail-In

- Mail completed Registration Form to:  
Registration & Reservation Office  
Lee Center, 1108 Jefferson St.  
Alexandria, VA 22314
- Make personalized checks payable to "City of Alexandria."

### Accommodations:

City of Alexandria programs, services and facilities are available to all citizens regardless of race, color, national origin, sex, age or disability. The City of Alexandria complies with the Americans with Disabilities Act (ADA) for qualified individuals.

To request ADA accommodation, call 703.746.5422 or VA Relay 711 two weeks prior to an event, activity or registration deadline. The Department of Recreation, Parks & Cultural Activities will attempt to meet requests for written material in alternative formats, including braille, within ten days of request.

### Cancellations:

Programs that have not met the minimum number of enrollees are canceled approximately one week before the start date. Participants are notified by phone or email.

### Class Size:

The minimum and maximum number of participants is based on each program's instructor to participant ratio. Class/camp size may be increased when additional instructors are added.

### Confirmation:

Non-web registrants receive a registration confirmation receipt by email. If unsure, please call 703.746.5414 to confirm.

### Credit/Refund Policy:

Registrants may request a refund or household credit in writing to Lee Center, Registration & Reservation Office, 1108 Jefferson St., Alexandria, VA 22314 or by email to registerarpc@alexandriava.gov based on the following criteria:

- Full credits are processed for activities cancelled by the department. If a refund is preferred, please let us know.
- Registrants dissatisfied with a class/program are encouraged to contact RPCA as soon as possible so that we can make it right. If we are unable to correct the issue, a credit or refund may be issued.
- Registrants unable to attend a program due to relocation, schedule conflict, sickness or injury may request a credit or refund.
- Credits will remain on a household account for 90 days. Credits older than 90 days will be processed as a refund back to the customer.

### Drop-off Registrations:

Forms left in the drop box at the Lee Center require up to five business days for processing. Drop off registrations will be retrieved for processing on opening day of registration and does not guarantee enrollment.

### Fees:

All fees must be paid in full and are due at the time of registration. Partial payment does not reserve enrollment. All personalized checks and money orders are payable to the "City of Alexandria." One form and check may be used for family registrations.

### Fee Assistance:

To view the full policy and access the Financial Assistance form, visit alexandriava.gov/12288.

### Nonresident Fee:

A fee of \$35 per person, in addition to the activity fee, is required for all activity sections.

### Release:

Participants in activities sponsored or cosponsored by the Department of Recreation, Parks & Cultural Activities consent to the City's use of any photograph, film or videotape of the activity in any marketing or promotional material. Fees, programs and operating hours are subject to change. Visit alexandriava.gov/Recreation or call 703.746.4343 for more information.

### Wait List:

If a camp or class is full, a wait list is generated and individuals on the wait list will be contacted if space becomes available.

**RPCA Satisfaction Guarantee:** Registrants not satisfied with a class/program are encouraged to contact RPCA as soon as possible so that we can make it right. If we are unable to correct the concern, a credit or refund may be issued.

# NOTES

TOO MANY OFFERINGS TO  
CHOOSE FROM? WRITE DOWN  
YOUR FAVORITE PROGRAMS HERE



WATCH SOCIAL  
MEDIA FOR POP-UP  
PROGRAMS!

## ★ CONNECT WITH US

Scan the QR codes below with any mobile reader for quick access to the latest news, events, information and conversations with the Department of Recreation, Parks & Cultural Activities.







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PARKS & CULTURAL ACTIVITIES**  
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